



THREE LEFT FEET MOVEMENT CREATIONS

Residency Objectives and Outline

Even if you have two left feet, THREE LEFT FEET believes every 'body' can dance!

High Energy! Fabulous! WOW! Three Left Feet will groove the week away at your school. Students will love this jam-packed adventure in movement that will make them:
Jump; Spin; Twist and fly; Groove to the rhythm and leap up high!

We incorporate elements from dance, music and theatre into our teaching syllabus. Over the course of the residency, we will meet with each class a number of times to prepare them for the final "Celebration". The Celebration is the culminating event of the residency and it gives students the opportunity to present their work to their peers, teachers and families. The Celebration also gives the entire school community a chance to celebrate the success of all the students.

Additionally, teachers gain resource material and professional development. Everything we teach in residencies can be used in future endeavours.

Three Left Feet works with students to achieve the following objectives:

1. Physical Articulation and Expression

- i) Students learn to express themselves with their bodies
- ii) Students learn to execute physical contrast, timing and shapes with their bodies, in choreography and/or improvisation
- iii) Students explore musicality: counting music and identifying the downbeat
- iv) Students bear some responsibility for memorization of physical material
- v) Students participate physically throughout the class and so fulfil the requirement for daily physical activity

2. Community Building and Leadership

- i) The entire student body works together to achieve during the residency, and then celebrates their collective success
- ii) Students participate in group activities in dance class, with a positive and inclusive attitude
- iii) Students perform with confidence and appreciation of their audience
- iv) Students are encouraging and respectful audience members

Three Left Feet imparts familiarity, understanding and appreciation for:

- i) Self-expression. We foster confidence by teaching students how to use their own unique energy, ability and personality to enhance the choreography
- ii) The experience of teamwork within their community
- iii) Different types of dance
- iv) Dance class structure
- v) Performance
- vi) Fine Arts Education

